

Dementia is not a single illness but a group of symptoms, which include memory loss, problems with thinking, speaking and doing

Each person experiences dementia differently and their information needs vary.

This leaflet could be useful in getting you a diagnosis and treatment.

MEMORY SERVICE

Exchange House, Watling Street,
Cannock, WS11 0BN

Tel: 01543 504670

Fax: 01543 503586

SUPPORT SERVICES

DEMENTIA ADVISER SERVICE

Tel: 01543 255955

APPROACH CARER TRAINING

Tel: 01782 214999

SOUTH STAFFORDSHIRE MEMORY SERVICE



Version 2 – June 2011

Memory Service

If you are concerned your memory is causing you problems, or you know someone whose memory is failing them, it may be worth seeing a specialist at one of the MAC UK South Staffordshire memory clinics.

How do you get in touch?

- Your GP can refer you to a memory clinic near you
- You can refer yourself to the memory service by calling the number on this leaflet

What will happen?

You will be directed to a local MAC UK memory clinic where one of their healthcare professionals will then assess your memory.

This is a simple process consisting of some tests and a review of your medical history.

They will then discuss the findings with you and inform you and your GP of your results.

You will then be reviewed on a regular basis by memory service professionals. Once again all information will be discussed with you, as well as any support you may need.

Dementia Advisers

As part of the memory service you will automatically gain access to the Dementia Adviser Service.

Dementia Advisers are there to give you the best information and support at every stage of your life with dementia in the way that suits you best.

The service has been designed to ensure:

- You get the most out of your life by guiding you to all the information you need about your illness
- Also assist you to find the most appropriate service in your local area.

What happens next?

You can have contact with a Dementia Adviser in the following ways:

- At the memory clinic
- In your home
- On the phone
- Via email

Your dementia adviser will contact you as often or as little as agreed with you.

Approach Carers Training

This free course has been specifically designed to support unpaid carers of older people with dementia related or mental health needs, focusing on the management of challenging behaviors through a person-centered approach.

Course Content

- An overview of older people's mental health issues and dementia related illness
- An understanding of important early indicators and the effect on immediate family and friends
- A definition and explanation of person-centered approaches to care

Attendees:

- Will gain a clear understanding of the issues related to being a carer of an older person with dementia
- Will gain practical skills and knowledge to support individuals and the people they care for
- Will be able to improve their own health and well-being, and support the older people with dementia and/or mental health needs to remain independent within their home environment.